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their effects on your  
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with proven  
techniques, you'll  
realize that you're not  
helpless against your

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parent's behavior, and  
that ...  
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What these millions of  
adults have in  
common is that they  
grew up with  
immature, self-  
absorbed parents  
parents who made  
their own children

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responsible for their  
physical and  
emotional well-being,  
who expected  
admiration and  
constant attention,  
and who reacted with  
demeaning criticism  
and blame when  
anything went wrong  
or their sl

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nurture and protect  
his or her own  
developing self.□

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reader learning to  
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Before you look at the  
self-absorbed

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narcissistic mother, it  
is important to know  
what makes a "good  
mother". I consider  
that I had a wonderful,  
magical mother, a  
woman who loved  
being in the company  
of her children above  
all else, and was  
willing to give quality  
time to each of her  
children, and make  
happy memories that

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would last us a  
lifetime. But she was  
not silly, she knew  
each of us ...

Getting Over  
~~What Makes A Self-  
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problem. You'll learn  
the different types of  
destructive ...

~~Children of the Self-  
Absorbed : Nina W~~

*Page 27/36*

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A self-absorbed person doesn't have the ability or the willingness to put themselves in someone else's shoes or share their pain.

They think the world (and you) exists for their benefit and needs and have little concern about how others are affected. 6.

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Self-centered people  
focus more on  
superficial qualities  
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April 1 2008 by Nina  
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problem. You'll learn  
the different types of  
destructive narcissism  
and how to recognise  
their effects on your  
relationships.

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Brown :~~

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Being a parent is  
usually all about  
giving of yourself to

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foster your child's  
growth and  
development. But  
what happens when  
this isn't the case?  
Some parents dismiss  
the needs of their  
children, asserting  
their own instead,  
demanding attention  
and reassurance from  
even very young  
children. This may

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